Equity Challenge Day 16: Equity and LBGTQI+

Something to Consider:

A recent <u>UCLA School of Law study</u> examined the impact of stigma and discrimination in Michigan and found that LGBTQI+ high school students were almost two times as likely to be bullied and three times as likely to seriously consider suicide then their heterosexual peers. Anti-LGBTQI+ discrimination isn't just wrong, it's deadly.

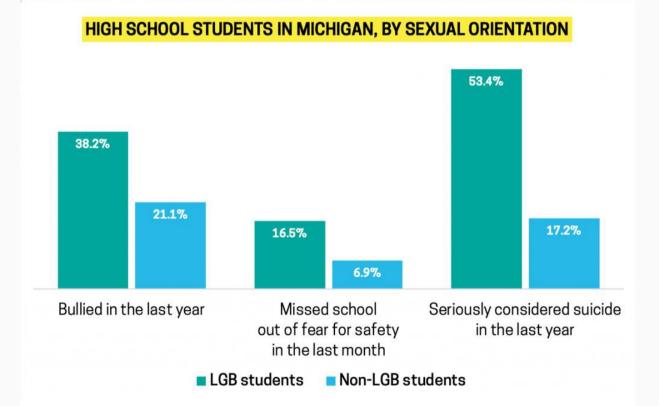
Race and Sexual Orientation

Imagine not feeling accepted at home, in your community or at school because of your gender identity or sexual orientation. Like race and socioeconomic status, inequities for people identifying as lesbian, gay, bisexual, or transgender (LGBTQI+) can be seen across many dimensions, including healthcare, education, and in the workplace. Research from the <u>American Progress Institute</u> shows that LGBTQI+ individuals experience widespread discrimination, often manifesting itself as getting passed over for promotions, being bullied in schools, being refused healthcare, or being denied equal treatment at a store or hotel.

The intersectionality of race and sexual orientation and gender identity also has compounding affects on individuals' well-being: <u>black</u> <u>transgender and gender non-conforming individuals experience some of</u> <u>the highest levels of discrimination</u> and threats on their personal safety.

While the Supreme Court legalized same-sex marriages, Michigan's civil rights law still allows for discrimination against LGBTQI+ people.

Share your reflections on today's topic on social media using the hashtag *#unitedforequity* and tag @ottawaunitedway.



Source: MICHIGAN HEALTH ENDOWMENT FUND

Today's Challenge

Option 1: Watch this quick video to <u>learn why using correct pronouns is</u> <u>so important.</u> Add your pronouns to your<u>email signature</u>, to show your advocacy for LGBTQI+ individuals.

Option 2: Learn about local programs, resources, events as well as how to support and advocate for the LGBGTQI+ community at <u>Out on the</u> <u>Lakeshore Community Center.</u>

Option 3: Watch Ashlee Marie Preston on the <u>TEDx stage discuss</u> <u>effective allyship</u> and intersectionality from her perspective as a black transgender woman. She discusses when and how to speak up, and what it truly means to be an ally.

Option 4: Read this <u>article exploring how schools are struggling to</u> <u>support LGBT students</u> and how we can work to create safe spaces for youth to thrive.

Option 5: Journal on your own experience of feeling safe or unsafe based on your sexual orientation and gender identity. If you are getting married, can you easily find someone to officiate your wedding? Can you hold hands or kiss in public? Can you find clothes that match your gender identity and body type? Can you openly display photos or talk about your spouse at work?