

Please fill out this checklist and return to: sbehm@ottawaunitedway.org so we can report back to your company the community benefit of your donation.

PACKING BOX CHECKLIST:

Please Pack each Box according to this Checklist

**substitute similar items when necessary*

- ___ 4 cans of vegetables
- ___ 2 cans of meat (tuna, chicken)
- ___ 4 cans of beans (black, pinto)
- ___ 4 cans of fruit (peaches, apples etc)
- ___ 2 boxes mac & cheese
- ___ 2 boxes pasta or pasta sides
- ___ 2 rice sides
- ___ 1 package of oatmeal
- ___ 2 boxes cold cereal
- ___ 1 box crackers
- ___ 1 package of granola bars
- ___ 1 box of stuffing mix
- ___ 4 cans of soup
- ___ 1 jar pasta sauce
- ___ 1 roll toilet paper
- ___ 1 roll paper towels
- ___ 1 handsoap

THANK YOU FOR LIVING UNITED WITH THE STOCK-UP FOOD DRIVE



We did this as a: Family Workplace

Name(s): _____

Email: _____

Phone: _____

Business name: _____
(if part of a workplace event)

Please post a video/picture to social media of your project using the hashtag #LIVEUNITED and #STOCKUPFOODDRIVE.

With questions, please contact Shannon at Sbehm@ottawaunitedway.org